



DISCUSSION GUIDE

One Perfect Day by Lauraine Snelling

Courtesy of www.laurainesnelling.com

- 1) In *One Perfect Day*, one person must die so another can live. What do you think and feel about organ transplants?

- 2) Are you an organ donor?

- 3) When someone close to you dies, what do you learn about grief?

- 4) How does grieving for the death of a young person differ from grieving for an older person?

- 5) According to statistics the death of a child is the worst experience for a parent. Have you ever experienced the loss of a child? How did you grieve? How did your family and friends help you? What could they have done to ease your pain?

- 6) Trauma and death can either drive us towards God or away from Him. How does your faith help you in times of trouble?

7) Sometimes people of faith don't know what to say or what to do to comfort those who have lost a loved one. How does your faith help you help those who are grieving?

8) For Nora, one perfect day ended in tragedy. For Jenna one perfect day ended in hope. How can that be? How can God's plan hold heartbreak for one family and hope for another?